What is this medication used for?

Enoxaparin is used to prevent deep vein thrombosis. This medication is used after hip or knee surgery while you are unable to walk to help prevent a blood clot from forming and traveling to your lungs. It is also used to prevent blood clots from forming in the arteries of the heart during certain types of chest pain and heart attacks.

It is also used in combination with warfarin to treat acute deep vein thrombosis.

How should I take this medication?

Enoxaparin is available as an injection. It is given as a shot under your skin. You will be shown the body areas where the shot should be given.

Use a different body area each time you give yourself a shot. This will help prevent skin problems from the injection.

If the medicine in the prefilled syringe or the vial has changed color, or if you see particles in it, do not use it.

Scroll down to the next page to see the Self-Inject Guide

What are the side effects of this medication?

- Pain at injection site
- Nausea, mild stomach pain
- Confusion

Other side effects not listed may also occur. Check with your physician if you notice any other effects.

Contact your doctor immediately if you experience any of the following:

- Unusual bleeding or bruising
- Black tarry stools
- Bleeding gums or nose bleeds
- Blood in urine or stools
- Tingling, numbness or weakness in lower legs
- Chest tightness or pain, shortness of breath or trouble breathing

Special Instructions:

You may bleed and/or bruise more easily while using this medication. Stay away from rough sports or other situations where you could be bruised, cut or injured.

Be careful when using sharp objects including razors and fingernail clippers. Avoid nose picking and forceful nose blowing.

Make sure ALL doctors that you see know that you are using enoxaparin.

Be careful when using a regular toothbrush, dental floss, or toothpick. Check with your doctor before having any dental work done.

Enoxaparin multi-dose vials contain benzyl alcohol as a preservative. Tell you doctor if you have an allergy to benzyl alcohol.

Do not take any other medicines (prescription or over-the-counter) without first discussing them with your doctor.
How to Self-Inject Guide for Enoxaparin Pre-filled Syringes

Step 1: Wash and dry your hands thoroughly.

Step 2: Sit or lie down in a comfortable position, so that you can see your abdomen.

Step 3: Choose an area on the right or left side of your abdomen, at least 2 inches from your belly button. Think “love handles.”

Step 4: Clean the injection site with an alcohol swab and let dry.

Step 5: Remove the needle cap by pulling it straight off the syringe and discard it in a sharps container.

Step 6: Hold the syringe like a pencil in your writing hand.

Step 7: With your other hand, pinch an inch of the cleansed area to make a fold in the skin. Insert the full length of the needle straight down—at a 90-degree angle—into the fold of skin.

Step 8: Press the plunger with your thumb until the syringe is empty.

Step 9: Pull the needle straight out at the same angle that it was inserted, and release the skin fold.

Step 10: Point the needle down and away from yourself and others, and push down on the plunger to activate the safety shield.

Step 11: Place the used syringe in a sharps container.

This information is only a summary. Please contact your healthcare professional for additional information about this medication.